Frequently Asked Questions

Can I just come to Martha's Table or should I schedule ahead of time?

- To sign up for a volunteer shift please contact the volunteer program at 202.328.6608 ext.212 or email volunteer@marthastable.org to learn about our volunteer needs, schedule and availability. For more information regarding our volunteer opportunities visit the Volunteer Handbook on our website, www.marthastable.org.

Can I complete my school required/court mandated community service with Martha's Table?

- Depending on our needs, availability in the schedule and the feasibility of completing your service by the assigned date, we can arrange for you to perform your community service with us. We reserve the right to decline those with certain charges.

Where are you located and where should I park?

- We are at 2114 14th St. NW, between V and W streets. All parking in this area is on-street.

So, how should I get to Martha's Table?

- Carpool
- By Metrorail – U Street/African-American Civil War Memorial/Cardozo on the Green Line is our closest station. Exit from the 13th St. exit.
- By Metrobus – We are serviced by the 14th St. line buses which include the 52, 53 and 54 buses.
- Information at www.wmata.com or 202.637.7000

Is my 10 year old too young to volunteer?

- We often have highly supervised groups of 9 year old children volunteer in Food Preparation! So, children are welcome. Please be realistic about children's attention spans while scheduling; our food preparation shift lasts 3 hours, from 10am to 1pm. Consider scheduling your family or group for a shorter 2 hour shift.

To find out more about our volunteer opportunities and programs visit

www.marthastable.org.

Martha's Table

EDUCATION • FOOD • OPPORTUNITY

2114 14th St. NW
Washington, DC
20009

Phone: 202.328.6608
www.marthastable.org
volunteer@marthastable.org

Martha's Table

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Volunteer Information

Our Mission

To help at-risk children, youth, families, and individuals in our community improve their lives by providing educational programs, food, clothing,

President's Note

To our existing and prospective volunteers:

Volunteers have always been instrumental to Martha's Table's work and success. We are grateful for and constantly inspired by our volunteers' dedication and commitment. We are proud of our long history of teaching people, young and old, from near and far, about poverty and the importance serving their communities. As part of this tradition, we work to provide meaningful opportunities for people to volunteer, to provide a vehicle for people to help their neighbors and to help people "live their values".

Lindsey Buss, President

Benefits of Volunteering at Martha's Table

- Help your community and neighbors with their immediate needs and long term goals.
- Gain skills and knowledge within specific volunteer settings.
- Learn about the value of helping others.
- Meet new people who care about the same social issues as you.
- Help Martha's Table grow as an organization.
- Enhance your resume.

Volunteer Opportunities

There are many diverse volunteer opportunities at Martha's Table. We can tailor your volunteer experience in a way that best suits how you would like to help your community. Please contact our volunteer progam for specific information about our fun and fulfilling volunteer opportunities! The following are just some of the positions available at Martha's Table.

The Food Network: Create and serve healthy meals for your community!

- Food Preparation.
  Individuals or groups as large as 12.
  Prepare food for Martha's Table.
  Schedule: Daily from 10am–1pm
- McKenna's Wagon (mobile soup kitchen).
  Van drivers and servers.
  Schedule: vans run daily from 4:45pm–6:45pm

Leaders of Today and Tomorrow: Enhance the lives of Children, Youth and Families!

- Daycare Volunteer.
  Schedule: Mon–Fri, from 9:30am–1pm; Nap time from 1-3:30pm; Closed all holidays.
- One-on-One Tutor.
  Schedule: weekdays 4–5pm; Closed all holidays.

Martha's Outfitters: Clothe your neighborhood in donated fashions!

- Store Assistants.
  Sort and distribute clothing and household goods to the community.
  Schedule: Mon: 9am–12pm, Tues–Sat (two shifts): 9:30am–11:30am and 11:30am–2pm.

Off-Site Opportunities

- Contact us about our "project in a box" program.